

Groton Gouge

Places to Eat

- Russells Ribs (best ribs around; all-you-can-eat specials Monday thru Thursday) 214 Route 12; on the left as you head toward 95, 860-445-8849, 1100-2100 daily
- Paul's Pasta Shop (awesome homemade pasta for cheap) 223 Thames St; continue straight out of the base and hug the river, 860-445-5276
- Peking Tokyo (a good mix of Chinese and Japanese food; sushi is actually fresh; the sushi/sashimi for 2 are good deals) Mystic Factory Outlet #1, 12 Coogan Blvd, Mystic; take exit 90, turn right, turn left on Coogan Blvd, 860-572-9991
- Mirch Masala (good, relatively inexpensive Indian food, next to the Clarion Inn near Wal-Mart) 156 Kings Hwy in Groton, 860-445-8043/5649, www.mirchmasalaus.com, M-F 1130-1430 \$9, Sat/Sun 1200-1500 \$11 all you can eat buffet, Dinner Sun-Thurs 1700-2100, F/Sat 1700-2230
- Village Bakehouse (decent sandwiches); 500 Long Hill Rd. (Hwy 1, next to jewelry shop on the left after you pass Walgreen's), Groton, 860-445-8292
- North End Deli (won "Best Sandwich in New London County" CT Magazine 2001); 991 Poquonnock Road, Groton Shopper's Mart (near the movie theatre and Big Y grocery store), 860-448-0600
- Bravo Bravo (fancy Italian restaurant in Mystic, in "Best Restaurants of New England" book), 20 E Main St.; near drawbridge/flagpole, 860-536-3228, daily lunch from 1130, dinner from 1700
- Chinese Kitchen (closest Chinese restaurant; delivers to base), Route 12, 860-445-6000/1398, Sun-Thurs 1100-2200, Fri-Sat 1100-2300.

Shopping

- Exit 82 – Waterford Crystal Mall (Sears, Target, Olive Garden, etc.) 442-8500, M-Sat 9:30-9:30, Sun 11-6
- Exit 65 – Westbrook Factory Stores (Old Navy, J Crew, etc.) 860-399-8656, M-Sat 10-9, Sun 10-6
- Exit 63 – Clinton Crossing Outlets (Gap, Polo, etc.) M-Sat 10-9, Sun 10-6, 860-664-0700, 860-669-3066
- NMCRS Thrift Shop (cheap uniform items, etc.); 860-694-4774; Wed 10-3, Friday 10-1

Hours

- Galley: M-F 0600-0730, 1100-1200, 1700-1800 Sat/Sun 0700-0830, 1030-1230, 1630-1800
- Pool: M-F 0630-1930, Sat family swim 1300-1700 (bldg 120, 694-3562)
- Bowling Alley: W/Th/Sun 1600-2200, Fri/Sat 1500-2300 (bldg 485, 694-3687/3477; Reunions Pub x1751)
- Morton Hall Gym: M-Th 0530-2100, Fri 0530-1900, Sat 1100-1900, Sun 1200-1700 (bldg 169, 694-3521/4205; basketball, volleyball, 1/8 mile track, cardio machines, free weights)
- Commissary: M closed, Tu/W/F 0900-1900, Th 0900-2000, Sat 0900-1800, Sun 1000-1700; open at 0730 on weekdays for 15 items or less (694-3911)
- NEX: M-F 0900-1900, Sat/Sun 0900-1800 (446-5400)

Free Wireless Internet

Panera Bread, 903 Hartford Turnpike (Hwy 85), Waterford, 860-437-8300, take exit 82, turn R onto 85

24/7 Vehicle Scales

Exit 93 → turn left; Citgo truck stop will be straight ahead